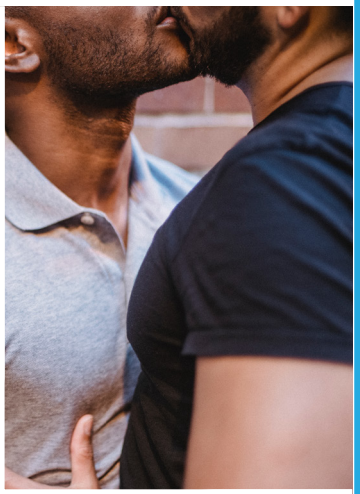
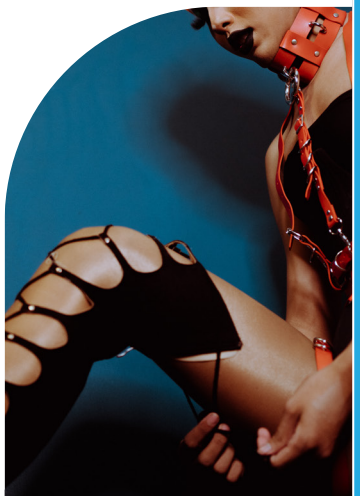
Take the first step towards learning your HIV status.

ORAQUICK®
HIV SELF-TEST





OVER 99% RELIABLE

HOW TO DO THE HIV SELF-TEST

Before you start, decide how you will time the test. You can use a phone, watch or regular clock.

Do not eat or drink anything, or use any product to clean your mouth for 30 MINUTES before the test.

Keep and use the kit in a cool, dry place.

Do not leave the kit where it is likely to get hotter than 30 degrees centigrade, for example in a car or in open sunlight.

Do not freeze the kit.

Follow these steps:

01 In your OraQuick pouch, you will find a Test Kit, Test Stand and Test Instructions.

02 In the Test Kit, you will find a tube with liquid in it. **DO NOT POUR NOR DRINK THE LIQUID.**

03 Open the pouch with the tube inside.

04 Remove the cap from the tube.

05 Place the tube upright into the Test Stand.

06 Open the pouch with the Test Device and remove it. **DO NOT touch the Flat Pad** on the test device with your fingers, as this might spoil the test.

07 **DO NOT eat or swallow the preservative** that's also in the pouch. THROW IT AWAY.

more steps follow ...

Swipe once along your gum

Like this →

and this ←

08 Hold the test device at the narrow end; press the Flat Pad firmly and swipe it along your upper gum **ONCE** and your lower gum **ONCE**.

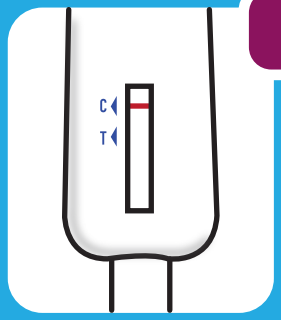
09 Immediately put the Flat Pad all the way into the tube with the liquid until it touches the bottom.

10 Take note of the exact time.

11 **LEAVE THE FLAT PAD IN THE TUBE FOR EXACTLY 20 MINUTES.** Remove it after that. NOW READ THE RESULT.

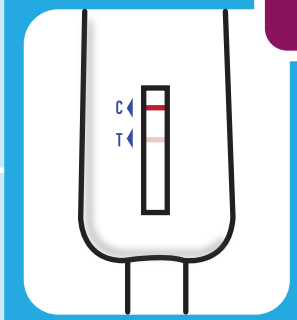
12 If, for any reason, you're not able to read the test at 20 minutes, you will have up to 40 minutes in which to do so.

How to interpret your result between 20-40 minutes:



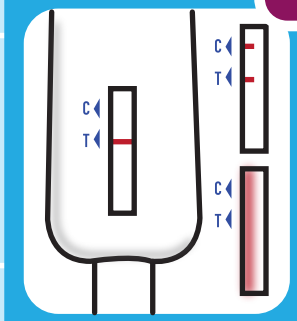
HIV NEGATIVE RESULT

ONE line next to the C and NO line next to the T means that your result is HIV NEGATIVE.



HIV POSITIVE RESULT

Two complete lines, even if the lines are faint, means that you may be HIV positive and you need to seek additional testing.



INVALID RESULT

The test cannot be read if there is no FULL LINE next to the C, even when there is a line next to the T. For any invalid reading, you will need to get another test and repeat the process.

WHAT'S NEXT?

If your result is **NEGATIVE**, but you think you might have been recently exposed to HIV, take another test in three months.

If your result is **POSITIVE**, you should visit a Testing Centre or Health Facility as soon as possible.

We advise that you choose a location that you find convenient for you. There, you will be referred for testing to confirm your positive result, and for other help.

If your result is **INVALID**, you will need to get another test and repeat the process.

ORAQUICK®
HIV SELF-TEST

Caribbean Med Labs Foundation
The Regional Champion for Best Practice in Medical Laboratory Services

DECEMBER 2021